



THE RETREAT

giraffe manor

After a long flight, an exciting safari, or just to help you unwind, we invite you to indulge in a little pre or post-safari pampering and relaxation at The Retreat, our wellness centre and day room facility located next door to Giraffe Manor.



THE SAFARI COLLECTION

Through its unique collection of four spectacular properties and its dedicated Footprint foundation, The Safari Collection unites high end, sustainable tourism with wildlife conservation and communities, making a difference to people and planet.





A haven of wellness surrounded by nature.

Open from 6:00 am to 10:00 pm every day, The Retreat is just a short stroll away from the Main Manor and shares the same outlook over the forested giraffe sanctuary. Here you'll find it easy to unwind. Take a swim in our infinity pool, book a luxury spa treatment, ease travel weary bodies in our hot tub or enjoy a refreshing drink from Daisy's Café in the calming garden setting.

Guests of Giraffe Manor are welcome to use The Retreat's facilities at any time during their stay. Spa treatments should be pre-booked to avoid disappointment and are charged as per the below price list. Food and drinks from Daisy's Café are charged as extras and can be settled directly or added to your Giraffe Manor room bill. All other facilities mentioned below are included in your stay.

POOL & SUNDECK

Glide through our infinity pool overlooking the giraffe sanctuary. Our herd of endangered Rothschild's giraffes have access to the end of the pool, so you might have a long-legged spectator or two if you're lucky (although as wild animals the giraffes act upon their own free will and we cannot guarantee their presence at any given time).

SPA

The Retreat has two spacious spa rooms each with an expert therapist offering a range of massage and beauty treatments designed to restore your body's natural balance and soothe away stress. Choose from the menu below and speak to a member of our team to book your spa treatment in advance.

SAUNA

A warming way to ease aches and pains in our traditional sauna.

STEAM ROOM

Sweat out those toxins with a stint in our steam room.

HOT TUB

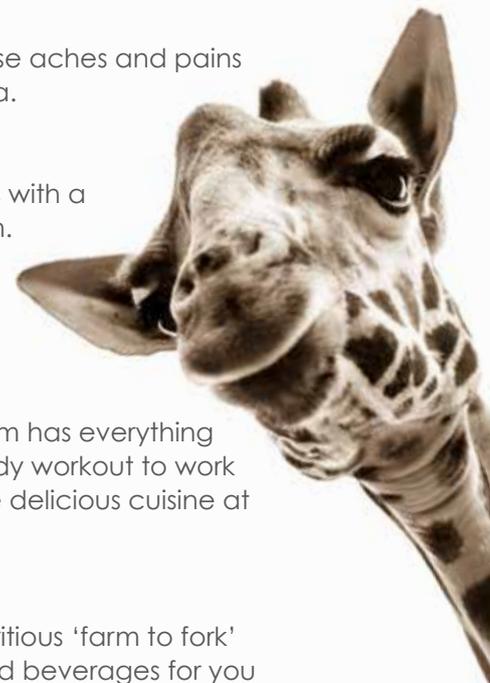
Hop in and indulge.

GYM

Our fully equipped gym has everything you need for a full body workout to work up an appetite for the delicious cuisine at Giraffe Manor.

DAISY'S CAFÉ

Vibrant, fresh and nutritious 'farm to fork' style snacks, meals and beverages for you to indulge in anytime you like.



SPA MENU



MASSAGE TREATMENTS

THE PRE AND POST-SAFARI MASSAGE

Relax and unwind before or after your safari adventures with this therapeutic wholebody massage. Our expert therapist uses firm but relaxing movements to gently ease away any stress.

90 mins US\$ 100

60 mins US\$ 75

BACK, NECK AND SHOULDER RELEASE

An ideal pick-me-up for travel-weary bodies. Lie back, switch off and unwind as the hands of our expert therapist ease away all tension in your upper body.

30 mins US\$ 50

DEEP TISSUE MASSAGE

An intense but extremely rewarding treatment which involves working deep into the body to stretch and relax each muscle. Feel physical tension melt away as blood flow increases and every part of the body feels revitalised and deeply at ease.

90 mins US\$ 110

60 mins US\$ 80

30 mins US\$ 60

HEAD AND SHOULDER MASSAGE

A wonderfully soothing massage of the shoulders, upper arms, neck, scalp, ears and pressure points. Breathe in the uplifting aromatic oils, feel your energy flow rebalance and stress melt away.

30 mins US\$ 50

FOOT MASSAGE

An indulgent massage incorporating aspects of reflexology to relieve tension, improve circulation and help promote the natural function of the related areas of the body.

45 mins US\$ 50

SPA MENU



BEAUTY TREATMENTS

DELUXE HAND / FOOT TREATMENTS

A wonderful way to spruce up hands and feet or revitalise tired limbs.

Manicure US\$ 45

Pedicure US\$ 45

Manicure and pedicure combination treatment US\$ 55

OIL BASED WAXING

Full leg wax US\$ 30

Half leg wax US\$ 20

Under arms US\$ 15

TWEEZING

Eyebrow tweezing US\$ 10

The Retreat Spa uses organic, naturally active products from Healing Earth and Cinnabar Green.

Healing Earth is a premium organic spa brand inspired by ancient African healing traditions and botanicals.

Cinnabar Green is a local family owned company producing natural, organic and eco-friendly cosmetics with delightful aromatic oils from herbs grown on their farm in the foothills of Mount Kenya.

All treatments can be paid for in Kenyan Shillings as well as US dollars.